

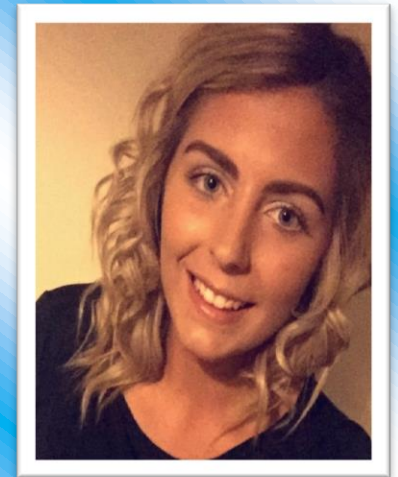
# Progress Report News Letter

November 2015

## **Manager (Abbie Kemp)**

*My name is Abbie Kemp and I will be managing New Hope Lodge facility stationed up at Top Barn Business Centre in Holt Heath Worcester. I live in the area of Droitwich Spa and have studied at the University of Worcester for three years in which I have recently graduated with an Upper Class 2:1 BSc degree in Physical Education and Sport Studies (Hons). I specifically specialise in the area of disability and sport and have the knowledge, understanding an experience within this area. I have previously worked as a support worker for a charitable organisation called New Hope that caters to the needs of children who have complex disabilities. Also, as part of my University studies I have undertaken work school placements and have had the opportunity to work with various children who have different levels of ability and special needs. The qualifications that I obtain are level 2 Certificate in Fitness Instructing Exercise to Music (CYQ); How to Coach Disabled People in Sport Certificate; Level 1 UK Dodgeball Coaching Certificate (UKDBA); Award in Ultimate Frisbee; Boccia Award; First Response Training; Safeguarding & Protecting Children (SCUK); Universal Safeguarding and Understanding Dyspraxia Certificate.*

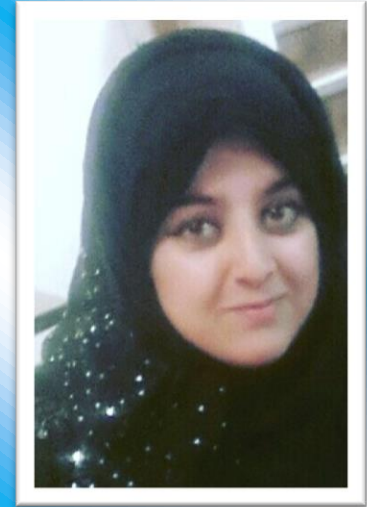
*"I believe every individual should have the opportunity to excel and reach their fullest potential in order for them to achieve dreams and goals. Most importantly my life goal is to make a difference within the area of disability by providing exciting, fun and creative activities for young adults to engage in."*



### Support Worker (Faz Khan)

*My name is Faz Khan. I am 19 years old. I have the following qualifications Level 2 Childcare, Level 2 Hairdressing, Level 2 Beauty Therapy, Level 3 Beauty Therapy and I am currently working towards my Level 3 in Health and Social Care with Adults. My top three favourite activities are 1) Cookery; 2) Pottery 3) Zumba. I like cooking because I like to experiment and learn new recipes and try new flavours I also think it's good to expand your taste buds and learn a new skill especially if an individual wants to be independent. I like pottery because you can express yourself whilst doing the activity and you will enjoy yourself whilst doing so as you can make different things each time (which can be quite useful). I absolutely love Zumba. This is because it's so much fun also because you are exercising without actually realising how much you are doing. Also its important to treat your body well and its keeps you healthy.*

*"I like working with adults that have learning disabilities as I find it an achievement when an adult can transfer what you have taught them. Also, when the adults pick up new skills which you have shown them just seeing the smile that you put on their faces makes it all that more worthwhile."*

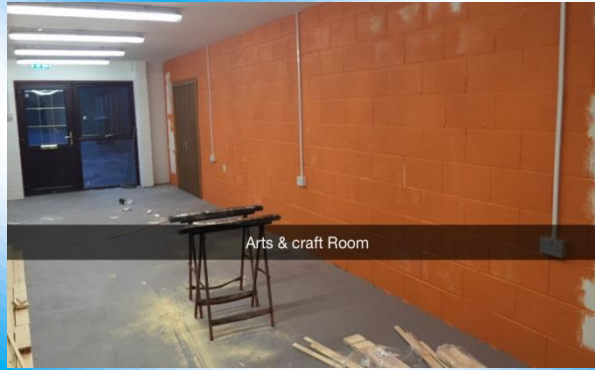


### Support Worker (Charlotte Loydall)

*My name is Charlotte Loydall, I am 20 years old and from the area of Worcestershire. The qualifications I currently obtain are a Level 3 in Childcare, Behaviour Management Certificate, Team Teach Certificate, First Aid Certificate and Midazolam Training Certificate. The activities I like are arts & crafts, dance, gardening, animal sensory and baking.*

*"I have a passion for working with individuals with disabilities because I enjoy helping support people in order for them to achieve their best. Also, my greatest work is when I see the result of a person's individual progressions and the fact that I help them along the way."*





### Latest Progress on New Hope Lodge

New Hope Lodge is making fast progress with its indoor renovations to the facility. Each one of the rooms is taking shape nicely and soon will be the opening of New Hope Lodge. The two activity rooms will both have individual unique features, for example **activity room 1** will function as the active room whereby the young adults will be able to take part in fitness classes and disability sports etc. **Activity room 2** will function as the following: Arts & Crafts, Photography, Educational Workshops, Animal Sensory and much more.

The official **Opening day** of New Hope Lodge has been set for the week commencing **Monday 4<sup>th</sup> January 2016** and an **opening taster day** will be held on **Sunday 3<sup>rd</sup> January 2016** prior to the official opening day. The opening taster day will provide the young adults with the opportunity to engage in various activities that the centre will be providing e.g. Arts & Crafts, Sports Activities and Cookery classes etc. Also, it will allow you to approach staff members and ask any questions that you may have.

### Key Features of New Hope Lodge

- **Specialised Equipment**
- **Professional Qualified Staff**
- **Employment Opportunities**
- **Goal Planning**

The Top Barn Business Centre has some unique key features around the premises by which the young adults can explore. There has recently been a newly developed coffee shop in which the young adults will be able to visit and enjoy cake, sandwiches and drinks. Also surrounding part of the premises of Top Barn are a variety of different animals such as horses, alpacas and chickens which provides the perfect opportunity for the young adults to capture the wildlife and photograph the outdoor scenery.



## What New Hope Lodge will be offering?

New Hope Lodge will be offering a variety of fun, creative and engaging activities for the young adults to participate in. The activities will be centred on the young adult's likes and interests as New Hope Lodge is taking a "Young Adult Centred Approach." This means the young adults will take charge of their learning and development. We value each individual young adults input into the centre of their learning and encourage parents/carers support towards their young adults achieving targets. The young adults will have the opportunity to gain independent life-skills that will allow them to develop freely and work towards future goal aspirations.

New Hope Lodge will be providing the young adults with a foundation of activities to engage in on their start of enrolment into the centre. Some of the activities are **disability sports, fitness classes, cookery, voluntary works experience, independent living skills, photography, arts & crafts, gardening, animal sensory activities, outdoor adventurous activities, outdoor nature trails/walks, swimming, day trips, community activities and much more etc.**

Although, during the young adults induction period they will be able to record the activities they wish to engage in via their "**Getting to know you starter packs.**" New Hope Lodge **priority aim** is to fulfil the young adult's goals and help them to achieve any aspects of their goal planning. Each young adult will be provided with their own individual "**Activity Log Books**" which they will record their progress in each activity, goals; how they feel about the activities they are taking part in. Also, the activity log books will be used to provide feedback to the young adults about their progress. **For example**, in each activity log book will contain a "**Young Adult Daily Log Feedback Sheet**" whereby the young adult can provide detail on the activities they have enjoyed, record what they have done well, any achievements and what they think they could improve on. Also, the daily log feedback sheet will allow staff to record each young adult's development and progressions as well as parents/carers being able to supply any feedback or thoughts.



## Activities

There will be newly devised activities over the course of each running month and the activities will be scheduled via the monthly activity planner. Parents/Carers and young adults will be able to see the types of activities running every month as this will be clearly displayed in the reception area. Each activity will run to an hour or two hours maximum depending on the type of activity and the content in the activity. However, the activities could potentially change as the young adults have control in their development and the activities they wish to engage in.

**For more information in regards to the various activities available go to [www.newhopeworcester.co.uk](http://www.newhopeworcester.co.uk) and click on the New Hope Lodge link on the left side.**

## How the Adult's progress will be monitored:

### Tools used-

- Activity Log Books.
- Young Adult Daily Log Feedback Sheets.
- Devised Individual Key Workers.
- Visual Monitoring and Supervision.
- Verbal Feedback.

